

PLEASE NOTE THAT ALLERGEN CROSS CONTACT IS PRESENT WITHIN SUSHI TRAIN OPERATION

NIGIRI

	 Wheat - Gluten	 Fish & Fish Roe	 Crustaceans & Mollusks	 Crustaceans & Mollusks	 Egg	 Milk	 Lupin	 Peanuts	 Soy	 Sesame Seeds	 Tree Nuts	 *Flavour Enhancers	 **Sulphite	 Alcohol
Items	Wheat- Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Akagai (Blood Clam)				x										
Amaebi (Sweet Prawn)			x			Trace			x				Trace	
Chicken & Avocado	x				x				x			x		x
Ebi (Prawn)			x						x					
Ebi Katsu	x		x		x				x			x		
Engawa (Flat Fish)		x							x					
Fish Stick & Avocado	x	x			x				x			x		
Hamachi (Kingfish)		x							x					
Harami		x							x					
Hotate (Scallop)				x					x					
Ika (Squid)				x					x					
Ika Sugata (Baby Squid)				x					x					
Ika Tempura (Squid)	x			x					x			x		x
Kanikama & Avocado		x	x		x				x			x		
Kanikama (CNS & ADL)	x	x	x		x				x			x		x
Kanikama (QLD & NSW)		x	x		x				x			x		
Kanikama Tempura	x	x	x		x				x			x		x
Kinmedai (Golden Eye Snapper)		x							x					
Maguro (Raw Tuna)		x							x					
Maguro Tataki (Tuna Tataki)		x							x					

														
Marinated Tuna	x	x							x	x		x		x
Megane (Fried Scallop)	x			x					x			x		x
Mini Ebi Fry	x		x		x				x			x		
Mini Ebi Fry Avocado	x		x		x				x			x		
Mini Ebi Tempura	x		x		x				x			x		x
Mini Ebi Tempura Avocado	x		x		x				x			x		x
Pink Shrimp			x						x				x	
Prawn (Blanched)			x						x					
Salmon		x							x					
Salmon & Avocado		x			x				x			x		
Salmon & Onion Nigiri		x			x				x			x		
Shimesaba (Mackerel)		x							x					
Smoked Duck	x					Trace		Trace	x	x	Trace	x	Trace	x
Spicy Chicken & Avocado Nigiri	x				x	Trace		Trace	x	Trace	Trace	x	Trace	x
Tako (Octopus)				x					x					
Tamago (Sweet Omlette)	x	x			x				x			x		x
Temari (Prawn,Salmon & Tuna)	x	x	x		x				x			x		
Ocean Trout		x							x					
Tsubugai (Baby Clam)				x					x					
Unagi (Eel)	x	x							x			x		x
Unagi Shirayaki		x							x					x
Unatama (Eel & Egg)	x	x			x				x			x		x

ABURI

														
Items	Wheat- Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Aburi Hotate Bite	x			x	x				x	x		x		x
Aburi Chashu (Roast Pork)	x				x				x			x		x
Aburi Cheese Prawn Nigiri (ADL & CNS)	x		x		x	x			x			x		x
Aburi Chicken Cheese Roll	x				x	x			x			x		x
Aburi Hotate (Scallop)	x			x	x				x			x		x
Aburi Prawn Cheese Roll			x		x	x			x			x		
Aburi Salmon	x	x			x				x			x		x
Aburi Salmon & Avocado Seafood Ship	x	x	x	x	x				x			x		x
Aburi Salmon Belly Nigiri	x	x			x				x			x		x
Aburi Salmon Bite	x	x			x				x	x		x		x
Aburi Salmon Roll (Aska Roll)	x	x	x		x				x	x		x		x
Aburi Wagyu Beef	x								x			x		x
Aburi Wagyu Beef Roll	x				x				x	x		x		x
Aburi Wagyu with Sea Urchin & Wafu Jure	x	x		x					x					x
Aburi Wagyu with Sea Urchin, Teriyaki Sauce & Wasabi	x			x					x			x		x
Aburi Wagyu with Teriyaki Sauce & Shallot	x			x					x			x		x
Chicken Cheese	x				x	x			x			x		x
Salmon Volcano Ship (ADL & CNS)	x	x	x	x	x	x			x			x		x
Volcano Roll	x	x	x	x	x	x			x			x		x

SHIP

														
Items	Wheat - Gluten	Fish & Fish Roe	Crustaceans	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Avocado Seafood Ship		x	x	x	x				x			x		
Corn Salad Ship					x				x			x		
Egg Salad Ship					x				x			x		
Golden Salad Ship	x			x		x			x	x		x	x	
Hokki Salad Ship (Surf Clam Salad)		Fish Extract		x	x	x			x					x
Ika Mentai Ship	x	x		x					x			x		x
Ikura Ship (Salmon Caviar)	x	x							x			x		x
Kanikama Salad Ship	x	x	x		x				x			x		
Lobster Salad Ship		x	x		x				x			x		
Mega Salmon Toro Ship (QLD)		x							x					
Mentai Tuna Salad Ship	x	x			x				x			x		x
Negitoro Ship (Raw Tuna Belly)		x							x					
Salmon & Avocado Seafood Ship		x	x	x	x				x			x		
Salmon & Ikura Ship	x	x							x			x		x
Salmon & Tobiko Ship		x							x			x		
Salmon Toro Ship (Salmon Belly)		x							x					
Spicy Tuna Mayo Ship	x	x			x				x			x		
Spinach Salad Ship	x	Bonito Extract							x	x				
Tobiko Ship (Frying Fish Roe)		x							x			x		
Tuna Salad Ship		x			x				x			x		
Uni Ship (Sea Urchin)				x					x					
Wagyu Beef Ship (ADL & CNS)	x								x	x		x		x

	 Wheat - Gluten	 Fish & Fish Roe	 Crustaceans & Mollusks	 Crustaceans & Mollusks	 Egg	 Milk	 Lupin	 Peanuts	 Soy	 Sesame Seeds	 Tree Nuts	 Flavour Enhancers	 Sulphite	 Alcohol
Wagyu Capsi Ship	X	Bonito Powder			X				X			X		X

ROLL

														
Items	Wheat- Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Bakudan Roll		X			X				X	X		X		
California Roll	X	X	X		X				X			X		
Capsi Roll	X	Bonito Powder				X			X			X		X
Caterpillar Roll						X			X					
Chicken & Avocado Roll	X				X				X	X		X		
Chicken Avocado Cream Cheese Roll	X				X	X			X	X		X		
Chicken & Egg Salad Roll	X				X				X			X		X
Chicken Roll	X				X				X	X		X		
Chilli Wagyu Beef Roll	X								X	X		X		X
Crunchy Roll	X	Fish Extract			X				X			X		X
Cucumber & Avocado Roll (AC)									X	X				
Double Salmon Roll	X	X			X				X			X		X
Dragon Roll	X	X				X			X	X		X		X
Ebi Cake		X	X		X				X			X		
Ebi Fry Roll	X	X	X		X				X			X		X
Ebi Mayo Bomb	X	X	X		X	X			X	X		X	X	X
Ebi Tempura & Avocado Roll	X		X		X				X	X		X		X
Fish Stick Roll	X	X			X				X	X		X		
Hot Hot Chicken Roll	X				X	X		Trace	X	X	Trace	X	Trace	
Kanikama Roll	X	X	X	X	X	X			X	X		X		
Karaage Roll	X				X	X			X			X		X

														
Mini Ebi Fry Roll	x	x	x		x				x			x		x
Mini Tiger Roll	x		x		x				x			x		x
Negitoro Roll		x							x					
Pink Shrimp Bite	x		x		x				x	x		x	x	x
Prawn & Avocado Roll			x		x				x			x		
Prawn Stick Roll	x		x		x	Trace		Trace	x	Trace	Trace	x	Trace	
Prawn Summer Roll		x	x		x				x			x		x
Ramen Roll	x	x			x	x			x	x		x		x
S.A.O Roll		x			x				x			x		
Salmon & Avocado Roll		x			x				x	x		x		
Salmon Avocado & Cream Cheese Roll		x			x	x			x	x		x		
Salmon Cake		x			x				x			x		
Salmon Dynamite Roll		x			x				x			x		
Salmon Roll		x							x					
Salmon Summer Roll		x			x				x			x		
Salmon Tempura Roll	x	x			x				x			x		x
Semi Dried Tomato & Avocado Roll									x	x				
Semi Dried Tomato & Avocado with Cream Cheese						x			x					
Sesame Roll		x			x				x	x		x		
Smoked Salmon & Avocado Roll		x							x	x				
Soft Shell Crab Roll	x	x	x		x				x			x		x
Spicy Chicken Roll	x				x				x	x		x		
Spicy Crunchy Roll	x	Fish & seaweed extract Fish protein			x	Trace		Trace	x	Trace	Trace	x	Trace	x

	 Wheat - Gluten	 Fish & Fish Roe	 Crustaceans & Mollusks	 Crustaceans & Mollusks	 Egg	 Milk	 Lupin	 Peanuts	 Soy	 Sesame Seeds	 Tree Nuts	 Flavour Enhancers	 Sulphite	 Alcohol
Spicy Karaage Roll	x				x	x		Trace	x	x	Trace	x	Trace	x
Spicy Tuna Roll		x			x	x			x	x		x		
Spinach Salad Roll	x	x							x	x				
Sunrise Smoked Salmon Roll		x				x			x					
Sunset Roll		x	x						x					
Sushi Train Roll		x			x				x			x		
Sweet Chilli Prawn Roll	x		x		x				x			x		
Tekka Roll		x							x					
Teri Chicken & Avocado Roll	x				x				x	x		x		x
Teriyaki Chicken Roll	x				x				x			x		x
Tiger Roll	x		x		x				x			x		x
Tuna Salad & Avocado Roll		x			x				x			x		
Tuna Salad Palm Roll		x	x		x				x			x		
Tuna Salad Roll		x			x				x			x		
Twin Roll		x				x			x					
Wac Roll	x	x	x		x				x			x		x
Wagyu & Asparagus Roll	x								x					x

VEGETARIAN

														
Items	Wheat- Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Asparagus & Avocado Roll									x	x				
Asparagus Roll									x					
Asparagus Tempura Nigiri	x								x			x		x
Avocado Roll									x					
Avocado Tempura Nigiri	x								x			x		x
Carrot & Pumpkin Tempura Nigiri	x								x			x		x
Corn Kakiage Nigiri	x								x			x		x
Cucumber Roll									x	x				
Inari	x								x	x				
Kakiage Nigiri	x								x			x		x
Kanpyo Roll (Pickled Gourd)	x								x			x		x
Longbean Tempura Nigiri	x								x			x		x
Nasu Tempura Nigiri	x								x			x		x
Natto Roll (Fremented Soybeans)									x					
Okura Ship									x	x				
Okura Tempura Nigiri	x								x			x		x
Oshinko Roll (Pickled Radish)									x	x		x		x
Seaweed Ship	x								x	x		x		
Summer Roll Vegetarian	x								x					x
Tangy Kinoko Ship	x								x	x		x		
Ume Q Roll (Plum Paste, Cucumber)									x	x		x		x
Vegetarian Roll	x								x			x		x

HOT DISH

														
Items	Wheat- Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Agedashi Tofu	x	x							x			x		x
Aji Fry	x	x							x			x		
Big Ebi Shumai (Prawn Shaomai)	x	x	x						x			x		x
Calamari	x			x	x				x			x		
Chawanmushi	x	x	x		x				x		x	x		
Chilli Mayo Karaage	x				x	x			x	x		x		
Crab Claw	x	x	x						x			x		
Creamy Croquette	x					x			x			x		
Crispy Calamari Cheese Ball	x			x	x	x			x					
Crumbed Fish	x	x			x				x			x		
Edamame									x					
Fried Vegetable Gyoza (Fried Vegetable Dumplings)	x								x	x		x		x
Fried Yokohama Shaomai (Pork Dim Sim)	x	x		x	x				x	x		x		x
Frozen Boiled Oyster				x										
Gyoza (Pork Dumplings)	x			x	x				x	x	x	x		x
Hana Ebi Shaomai (Prawn Dim Sim)	x			x	x	x			x			x		
Harumaki (Spring Rolls)	x								x	x		x		
Kaki Fry (Crumbed Oyster)	x			x	x	x			x			x		
Karaage (Deep Fried Chicken)	x				x	x			x			x		
Karaage with Sweet and Sour Dressing	x					x		Trace	x	x	Trace	x	x	x
Miso Soup	Trace	Bonito extract							x			x		
Okonomiyaki (Seafood Pancake)	x	x		x	x	x			x			x		

	 Wheat - Gluten	 Fish & Fish Roe	 Crustaceans & Mollusks	 Crustaceans & Mollusks	 Egg	 Milk	 Lupin	 Peanuts	 Soy	 Sesame Seeds	 Tree Nuts	 Flavour Enhancers	 Sulphite	 Alcohol
Spicy Edamame	x								x			x		x
Spicy Karaage (Spicy Deep Fried Chicken)	x				x	x			x			x		
Sweet Potato Chips														
Sweet Potato Chips with Butter & Salt						x								
Sweet Potato Chips with Syrup	x								x			x		x
Takoyaki (Octopus Puffs)	x	x		x	x				x			x		
Tsukune (Chicken & Corn Meatballs)	x				x	Trace		Trace	x		Trace	x		x
Vegetable Gyoza (Vegetable Dumplings)	x								x	x		x		x
Yokohama Shaomai (Pork Dim Sim)	x	x	x	x	x				x	x		x		x

NOODLE / RICE BOWL

														
Items	Wheat-Gluten	Fish & Fish Roe	Crustaceans	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
NOODLE														
Curry Udon - A	x	x	x		x	x			x			x		
Curry Udon - B (Kakiage)	x	x	x		Trace	x			x			x		
Curry Udon - C (Prawn Tempura)	x	x	x		x	x			x			x		
Curry Udon - D (Chicken Karaage)	x	x			x	x			x			x		
Curry Udon - E (Vegetable Tempura)	x	x			Trace	x			x			x		
Curry Udon - F (Wagyu Beef)	x	x			Trace	x			x			x		x
Curry Udon - G (Chicken Katsu)	x	x			x	x			x			x		x
Ramen	x	x			x	x			x	x		x		x
Ramen - Spicy Miso Ramen	x	x	Trace	Trace	x	x		Trace	x	x	Trace	x		x
Soba - A	x	x	x		x				x			x		x
Soba - B (Kakiage)	x	x	x						x			x		x
Soba - C (Prawn Tempura)	x	x	x		x				x			x		x
Soba - D(Chicken Karaage)	x	x				x			x			x		x
Soba - E (Vegetable Tempura)	x	x							x			x		x
Soba - F (Wagyu Beef)	x	x							x			x		x
Soba - G (Chicken Katsu)	x	x			x				x			x		x
Udon - A	x	x	x		x				x			x		x
Udon - B (Kakiage)	x	x	x		Trace				x			x		x
Udon - C (Prawn Tempura)	x	x	x		x				x			x		x

														
Udon - D (Chicken Karaage)	x	x			x	x			x			x		x
Udon - E (Vegetable Tempura)	x	x			Trace				x			x		x
Udon - F (Wagyu Beef)	x	x			Trace				x			x		x
Udon - G (Chicken Katsu)	x	x			x				x			x		x
Udon - Wagyu Truffle	x	x						Trace	x	Trace	x			x
Zaru Soba	x	x							x			x		x
Rice Bowl														
Chicken Karaage Curry Rice (ADL, BNE, GC)	x					x			x			x		
Chicken Karaage Curry Rice (SYD)	x	x				x		x	x			x		
Chicken Karaage Rice Bowl	x				x	x			x			x		x
Chicken Katsu Curry Rice (ADL, BNE, GC)	x				x	x			x					
Chicken Katsu Curry Rice (SYD)	x	x			x	x		x	x			x		
Chicken Katsu Rice Bowl	x				x				x			x		x
Eel Rice Bowl	x	x							x			x		x
Tekka Rice Bowl		x							x					
Salmon & Ikura Rice Bowl	x	x							x			x		x
Teriyaki Chicken Rice Bowl	x				x				x			x		x
Wagyu Rice Bowl	x				x				x			x		x
Sashimi & SaLAD														
Spinach Salad	x	Bonito extract							x	x				

DESSERTS																							
																							
Items	Wheat-Gluten	Barley* -Gluten	Oats* -Gluten	Fish & Fish Roe	Crustacea ns	Mollusc	Egg	Milk	Lupin	Peanuts	Soy	Sesame Seeds	Almond	Cashew	Hazelnut	Macadami a	Pecan	Pine Nut	Walnut	Tree Nuts	*Flavour Enhancer	**Sulphite	Alcohol
Apple Custard Crumble (BNE, GC)							x	x		Trace										x			
Baked Cheesecake (SYD)							x	x		Trace		Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace		x	
Blueberry Cheesecake (CNS,BNE, GC)	x						x	x		Trace										Trace			x
Caramel Custard (SYD,ADL)	Trace						x	x		Trace	Trace	Trace								Trace			
Caramel Custard (BNE,GC)	Trace						x	x		Trace	Trace	Trace								Trace			
Chocolate Fondant	x	Trace	Trace				x	x		Trace	x	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace			
Chocolate Mousse (CNS, BNE, GC)	x						x	x		Trace										Trace	x		
Chocolate Mousse (SYD)	x						x	x		Trace		Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace		x	
Chocolate Mousse (ADL)	x						x	x		Trace										Trace	x		
Cookies & Cream (SYD, ADL)	x						x	x			x	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace		x	
Creme Brulee	Trace						x	x			Trace	Trace											
Fruits Jelly (BNE, GC)	Trace							x			Trace	Trace										x	x
Gelato - Banana	Trace						x	x		Trace	Trace	Trace								Trace			
Gelato - Green Tea	Trace							x		Trace	Trace	Trace								Trace			
Gelato - Mango	Trace									Trace	Trace	Trace								Trace			
Gelato - Rich Milk (BNE,GC,SYD,ADL)	Trace							x		Trace	Trace	Trace								Trace			
Green Tea Roll Cake (SYD,ADL)	x						x	x			Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace		x	
Jelly	Trace										Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace			x	x
Strawberry Cake (SYD, ADL)	x						x	x			Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace			
Strawberry Mousse (BNE, GC)								x		Trace										Trace			
Taiyaki Set	x						x																
Tiramisu (SYD)	x						x	x			Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace	Trace		x	
Tiramisu (ADL)	x						x	x		Trace										Trace			